

Lara Mbella

Recorder player

Video director

Theatre director

Domicile:

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Amsterdam (NL)

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Social media:

@
Fb

Languages:

Italian, English, Serbian

Brief biography

Lara Mbella (April 29 1997, Trieste), born Lara Makollè Mbella Teković, has her roots in Cameroon and Croatia, which greatly influenced her as a performer. Born as a recorder player at eleven, she graduated from different prestigious Conservatories like Trieste, Venice and Amsterdam, where she is currently based.

Her artistic interest lies in promoting the recorder, showcasing its versatility through classical concerts and original shows she conceptualises and directs herself, integrating other art forms such as theatre and video.

Skills

Artistic director, video editor, light designer, librettist, actress.

Concerts & Performances

2025

Competition Holland Got Talent, Alsmeer (NL).

2022

Theatre production Opera Forward Festival - Once lived in, Opera National Ballet, Amsterdam (NL).

Concert Embassy of the Free Mind - On the windway, Amsterdam (NL).

Concert SIT FAST CONCERTEN - De Orpheus van Amsterdam, De Duif, Amsterdam (NL).

Concert Noorderkerkconcerten - Erik Bosgraaf, Waalse Kerk, Amsterdam (NL).

2020

Concert O, che nuovo miracolo! Itinerari fra Italia e Olanda Trieste, Chiesa di S. Caterina, Trieste (IT).

2017

Concert Esempi di Musica ai Tempo di Leonardo - Duo antiqua, Carco in Corso, Monfalcone (IT).

Concert Esempi di Musica ai Tempo di Leonardo - Duo antiqua, Chiesa di S. Paolino d'Aquileia, Udine (IT).

Documentary RAI Cultura - Io sono Venezia, Venice (IT).

Tour O dolce vita mia - I suoni del rinascimento italiano, Beijing

Music Festival, Beijing (PEK).

Tour O dolce vita mia - I suoni del rinascimento italiano, Italian Ambassey, Beijing (PEK).

Work experience

AV - Live video recording | Conservatorium van Amsterdam
YEAR 2021 - 2025, AMSTERDAM

Barmaid | Conservatorium van Amsterdam
YEAR 2021 - 2023, AMSTERDAM

Librarian | Conservatorio Bedetto Marcello
YEAR 2017 - 2019, VENICE

Volunteering | Servizio Sociale Solidale
YEAR 2014 - 2015, TRIESTE

Education

Amsterdam Sae Institute | Video production certificate
YEAR 2025, AMSTERDAM

Conservatorium van Amsterdam | Bachelor recorder
YEAR 2020 - 2024, AMSTERDAM

Conservatorio Benedetto Marcello | Bachelor recorder
YEAR 2016 - 2019, VENICE

High school Giosuè Carducci-Dante | Music high school
YEAR 2012 - 2016, TRIESTE

Conservatorio Giuseppe Tartini | Pre-Bachelor recorder
YEAR 2008 - 2016, TRIESTE

Awards

Third prize "Premio Enrico Zavigli Ricciardelli" competition, Venice 2018.